

Activity	What to expect	Where	When	Day/s	Cost
WELLNESS & MINDFUL MOVEMENT					
Sunrise Yoga*	Flow-style yoga combining gentle stretching and strength.	AvaniWell Studio 1	6:30 – 7:30am	Monday, Saturday	\$30pp
Sunset Yoga*	Restorative yin-style yoga.	AvaniWell Studio 1	4 – 5pm	Friday, Sunday	\$30pp
Barefoot Mocktails*	Relaxed lawn mocktails with the AvaniWell team. Discover more about our spa and wellness experiences. Weather dependent.	AvaniWell Lawn	4– 5pm	Wednesday	-
FOOD & DRINK					
Sunset Drinks – AvaniWell*	Sunset drinks in a relaxed balcony or fireside setting.	AvaniWell Lounge	4– 5pm	Tuesday	-
Sunset Drinks – Avani Cypress	Themed cocktails and mocktails on the terrace balcony.	Main Lobby Terrace	4 – 5pm	Thursday	-
Wine Class	Stay & Sip partner-led wine tasting experience.	Main Lobby	4– 5pm	Saturday	\$40 adult \$20 child
Monthly Cooking Masterclass	Interactive Sri Lankan cooking class followed by a shared dining experience. Maximum 8 guests.	Chakraya	11:30am – 1pm	7 Nov & 19 Dec	\$99pp
Spit & Smoker	Poolside smoked meats and sharing platters available to purchase.	Main Pool	Fri – Sat: 4 – 6pm Sunday: 12 – 2:30pm	Friday, Saturday, Sunday	See Menu
RECREATION & ENTERTAINMENT					
Pool Party	Poolside music, drinks and laid-back Saturday vibes.	Main Pool	12 – 7:30pm	Saturday	-
Aqua Golf	Take your best shot with our daily Aqua Golf challenge.	Bistro Lawn	7am – 5pm *on request	Everyday	\$5 registration, \$10 for 35 balls
Pickleball Social Play	A casual, friendly pickleball event where guests can meet people, have fun, and be active.	Pickleball courts	2– 2:50pm	Tuesday	\$15pp
Pickleball competition	Friendly round-robin competition for all levels.	Pickleball courts	1 – 2pm	Saturday	\$15pp
Putting Competition	Short six-hole knockout competition.	Putting green	6am – 5pm	Everyday	\$5pp
Board Game Night	Social board-game session with a varied games library.	Members Lounge/ Bistro/ Function Room	6:30 – 8:30pm	Sunday	-
Live Music & DJ	Local live music and laid-back weekend vibes.	Bistro Terrace and Pool Bar	12– 7:30pm	Saturday	-

*AvaniWell activities are available to guests aged 16 years and over.
Complimentary refers to participation in the activity. Food, beverages, merchandise or optional add-ons may incur a charge. Free is for resort guests and residents.