

HELLO!

MIDDLE EAST

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HOLLYWOOD POWER COUPLE

GEORGE AND AMAL

AN EMOTIONAL NIGHT AS THEY SHOW THE WORLD THEIR GRAND ROMANCE



'I have found the great love'



DREAM TEAM
THE QUEEN
GIVES MECHAN A ROYAL MASTERCLASS

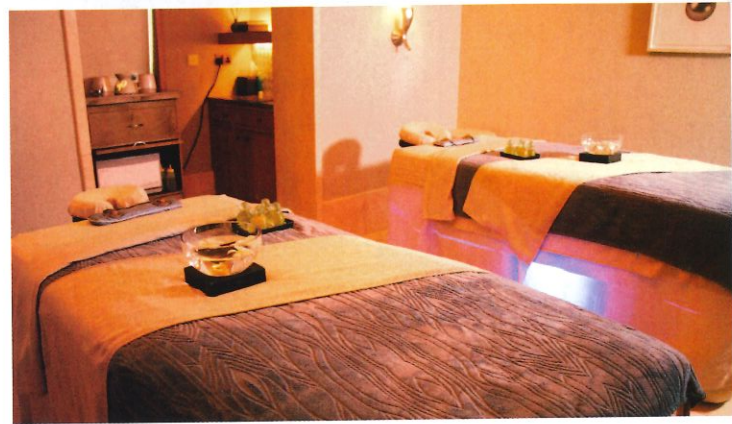


YANA JAMIESON
ON PAINSTAKING INTERIORS,
PERFECT VIEWS AND PALM
JUMEIRAH PERKS

Inclusive of VAT
0 0 4 4 6 AED 12
BHD 11.5
OMR 11.5
SAR 15
KWD 1.2



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Best for rapid results
FOUR SEASONS RESORT AT JUMEIRAH BEACH, DUBAI

The Space Tranquillity awaits at this Instagrammable hotspot; take the sweeping staircase down to the basement level to discover The Pearl Spa, a tucked-away gem that oozes prime pampering.

The Signature Treatment If you like your facials to be as luxuriously indulgent and relaxing as they are effective, then the Rose Quartz Crystal Facial (AED1,465/US\$399 for 110 mins), is the treatment for you. Using a heavenly combination of anti-ageing techniques and an idyllic facial massage with rose quartz crystals to brighten your skin and significantly reduce signs of ageing, you're guaranteed the ultimate soothing session as well as visible results.

The Skincare Exclusive Sodashi spa products that are 100% natural.

The Star Hollywood beauty Gwyneth Paltrow (left) is a huge fan of Sodashi.

The Small Print Staycation packages from AED1,044/US\$284, Tel: +971 4270 7777, fourseasons.com, [@thepearlspadubai](https://www.instagram.com/thepearlspadubai)

Best for a Far-Eastern escape
AVANI HUA HIN RESORT & VILLAS, THAILAND

The Space This is a thoroughly modern resort set in exotic surroundings in beautiful Thailand. The main draw of this low-rise, 196-key resort is for waterbabies who can enjoy cycling around the complex. Two blissful pools and a seaside setting that screams holiday, although it is in the cosmopolitan environment of a bustling city, the resort's environs come complete with golf courses, busy markets and spectacular local shopping. If you can tear yourself away from this fantastic venue, that is.

The Signature Treatment You might opt to get fit while here – there are regular Thai boxing, pilates, yoga and Zumba classes for you to sign up for – but we suggest you luxuriate in the AvaniSpa, which showcases its host country's signature massages with suitable aplomb. Their trademark offering combines stretching techniques with oil massage, releasing muscle tightness as it focuses on the upper body.

The Star A host of A-listers from Elizabeth Hurley (right) to Demi Moore have been spotted holidaying in Hua Hin – known for luring Thai royals who have their Palaces there, too – just a couple hours' drive from Bangkok.

The Small Print From AED395/US\$108 for a deluxe room, avani.com, [@avanihuahin](https://www.instagram.com/avanihuahin)

