

BAA ATOLL BALLET RETREAT

WITH KARIS SCARLETTE
Starting from 12 - 23 November 2024

- **Adult Ballet Basics for Beginners, 60 mins \$65++**
A one-hour class focused on ballet for beginners
- **Tutu Tension Release Massage or Dancer's Detox Wrap at Avani Spa, 60 mins \$120++**
A one-hour spa treatment to soothe the body
- **Tutus & Twirls: Ballet for Tots, 30 mins \$35++**
Using storytelling elements and interactive equipment, little ones will learn the fundamental basics of ballet. (Children aged 6-10 years)
- **Kid-Friendly Ballet Basics for Beginners, 45 mins \$35++**
Designed for children aged 6-10 years, the class will teach ballet basics in a kid-friendly style.
- **Sunrise Serenity: Breathwork in Baa, 30 mins \$50++**
Session will focus on stretching, mobility and breathwork. Designed for adults to connect with nature and begin their day feeling refreshed and rejuvenated.
- **One Private Family Ballet Class, 60 mins \$130++**
A one hour class for 2 adults and 2 children to remember.

*Further private lessons and tailor-made experiences are available upon request.
Pre-booking required, please contact reservations.fares@avanihotels.com*



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