

A modern spa entrance featuring a covered walkway with a wooden slat ceiling. The walkway is flanked by stone pillars and walls covered in lush green ivy. At the end of the walkway, there are two decorative lanterns and a water feature with large rocks. The overall atmosphere is serene and luxurious.

AVANI SPA



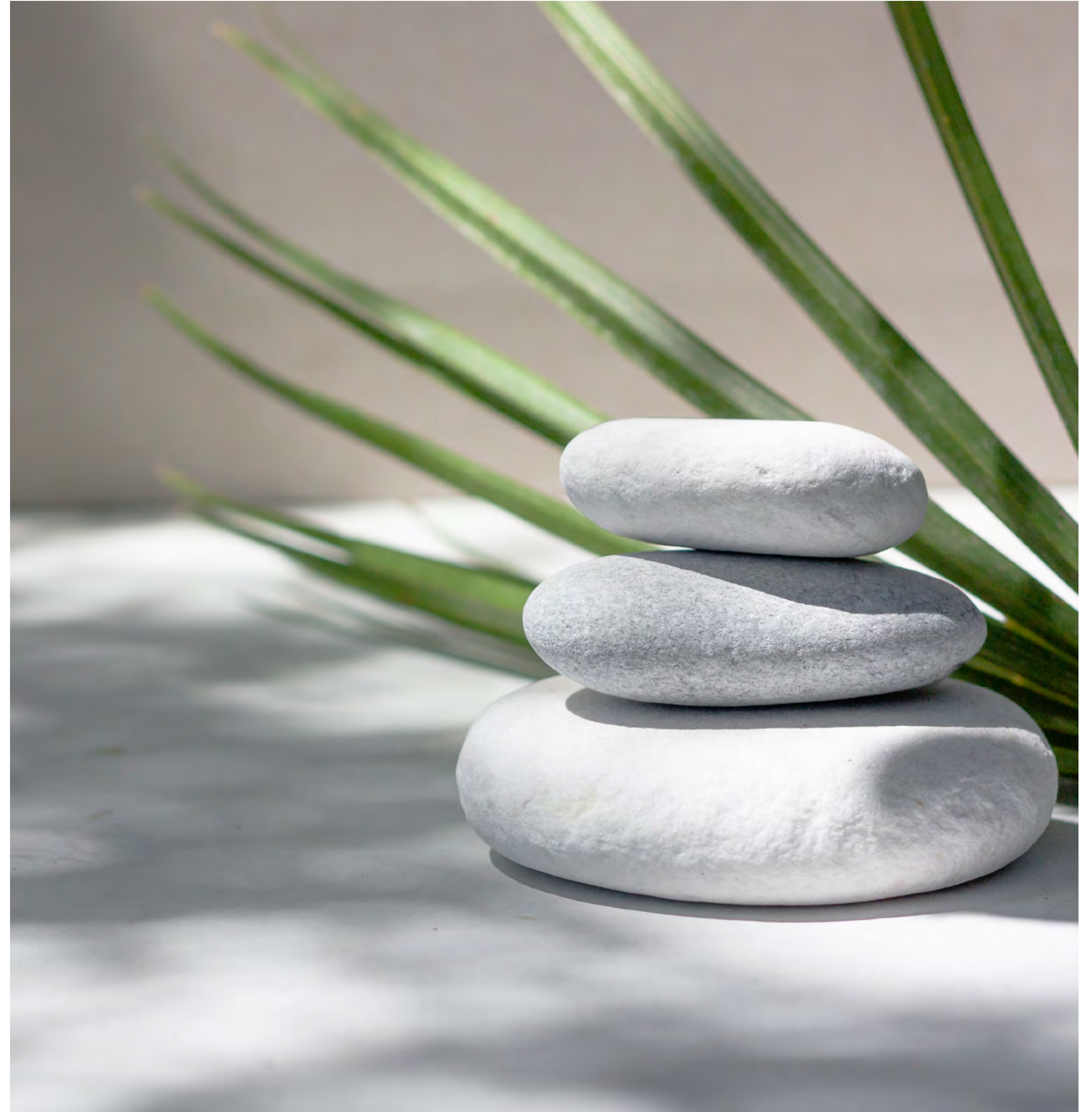
WAVELENGTHS OF REFRESHED ENERGIES

Refreshed under foliage & palms, AvaniSpa welcomes you to a different Spa world; one that embraces you under warm Haharu, one that's pure, relaxing & contemporary.

Time is precious & every moment counts, which is why we've created a tailored experience to focus on just what you need, without any hassle or fuss. At AvaniSpa, you can leave life's complications behind & enjoy the beauty of simplicity.

Through the combination of high-quality products & our expert touch, trust that you're always in safe hands, while a modern Spa environment provides the perfect space for total rejuvenation. Make time for well-deserved pampering & let us take care of you.

Opening hours: 10.00 am – 8.00 pm



AT OUR AvaniSpa

SIGNATURE EXPERIENCES

Personalised to a balance with sought-after methods & unique ingredients, our various Signature Experiences are a collection of our finest across treatments & massages.

MASSAGES

From grapeseed to warm lava pressing on just the right reflex points, our collection of Massages will refresh your inner spirit.

TREATMENT ADD-ONS

Add a delightful extra to finish off your treatment with a fine last touch, either focusing with monochrome light, a hair pack or a session of physiotherapy.

BODY TREATMENTS

Mask your delicate body, wrap in a cocoon of aromatic scrub & gently drift away as we soothe & calm your skin gently.

MEDISPA

With natural amino acids, deep-cleanse, hydrate, tighten & rejuvenate your face & body with our collection of Medical Spa services.

IV TREATMENT

Vitalise yourself & boost your energy & oxygen levels with a variety of IV treatments that focus on mind, spirit & soul.

NAILS SERVICES

Give gentle care & a fine groom for your nails with our various nail services.

BATH COLLECTION

Soak in an aromatic & therapeutic bath with feelings, senses & spirit with choices from chocolate, fine wine & milks.

MULTI-GENERATIONAL WELLNESS

Designed for the parents or for our junior guests as we host a collection of family's favorite treatments & spa journeys.

WELLNESS OFFERINGS

Yoga inner journeys to seek from Yogic Sleep, Mindfulness Sessions & Healing Meditations.

PACKAGES

Select from any theme that speaks to your inner self from Boost, Calm, Purify, Balance or Wellness & design your own journey with packages designed in a way that speaks to your spirit.



SPA MENU

SIGNATURE EXPERIENCES

Vinotherapy Massage

(60/90 mins) \$160/210

Grape seed oil based warm candle massage. Select your choice of candles from Champagne, Gin & Wine. A glass of Champagne or tea - based mocktail makes the spa journey memorable.

AvaniSpa Signature Massage

(60/90 mins) \$150/200

Personalisation at its best. Share your preferences from AvaniSpa Massage Map & we customise it for you.

Tecar Pain Relief Treatment

(60/90 mins) \$150/200

Unique physiotherapy modality combines with massage to relieve pain on muscle, joints, nerves & bones. Good for arthrosis, sprains, trauma, sciatica, muscle pull, neck pain & back pain.

Gemstone Infrared Detox

(90 mins) \$210

Get yourself grounded on a gemstone & infared equipped bed followed by a detox massage & mud wrap.

Oxy Glow

(80 mins) \$210

A smart combination of Diamond Microdermabrasion & Intraceuticals oxygen treatment. The monochromatic light therapy will brighten up your inner beauty to complete the journey.

Couples Delight

(120 mins) \$500

Enjoy with your loved one. Starts with body scrub followed by a choice of 60-minute massage & a bath. Get afloat with a glass of champagne or a tea-based mocktail.

All prices are in \$ & are subject to 10% service charge & 16% government taxes • Prices are subject to change without prior notice.



MASSAGES

Relax
(50/80 mins) \$125/160
Relaxing medium pressure massage with aromatic oil.

Deep Tissue Massage
(50/80 mins) \$130/165
Firm muscle manipulation.

Ayurveda Massage
(50/80 mins) \$135/170
Indian treatment with long massage strokes.

ADD ON
Enhance your wellbeing with a technology or unique treatment element

Monochrome Light Therapy
(10 mins) \$30
Balance & boost your energy with monochromatic light therapy.

Gemstone Infrared
\$20
Gemstone & Infrared based bed to balance energy level.

Physiotherapy
(15/30 mins) \$30/50
Use of Tecar- machine to get rid of muscle & joint pains on specific areas.

Hot Stone Treatment
(50/80 mins) \$145/175
Warm lava stone massage for muscle tension & stress.

Stress Release
(30 mins) \$70
Quick back & head massage.

Foot Reflexology
(30/45 mins) \$ 70/100
Application of pressure on reflex points on feet to release energy.

Hair Pack
\$5
Nourishing hair pack strengthens the hair root & stimulate circulation in scalp.

Mobile Massage Services
\$50
Get massage at your preferred location - In-villa or outdoor.

All prices are in \$ & are subject to 10% service charge & 16% government taxes • Prices are subject to change without prior notice.



FACE TREATMENTS

Diamond Micro Dermabrasion

(30 mins) \$90

Gently removes uneven outer layer of the skin for a refreshed glow up.

Express Facial

(30 mins) \$70

Quick clean up to remove impurities.

After Sun Face Treatment

(45 mins) \$130

Non-exfoliative Intraceuticals soothing treatment to calm down the skin after sun exposure.

Detox Facial

(60 mins) \$130

Deep cleansing treatment with exfoliation, massage & hydrating mask.

ADD ON

Oxygen Inhalation

(15 mins) \$10

Medical grade aroma oxygen inhalation to nurture life force.

Monochrome Light Therapy

(10 mins) \$30

Balance & boost your energy with monochromatic light therapy.

Lip & Eye Treatment

(10 mins) \$25

Takes care of under eye dark circles & hydrate lips.

Skin Rejuvenation

(60 mins) \$150

Hydrate & tone up your skin through Intraceuticals oxygen treatment. Good for sun-damaged & sensitised skin.

Skin Brightening

(60 mins) \$160

Concentrated Vitamin C & botanical brighteners minimise pigmentation, brightens & balances uneven skin tone.

Age Reversing

(60 mins) \$160

Natural amino acids in this treatment makes skin instantly firm, lift & plump.

Face Mask

\$25

Enhance your beauty with a bespoke face mask.

Nail Grooming

(10 mins) \$15

Groom it up with cut & file.

All prices are in \$ & are subject to 10% service charge & 16% government taxes • Prices are subject to change without prior notice.



BODY TREATMENTS

Body Detox

(60 mins) \$140

Skin polishing & detox treatment combining with Gemstone & Infrared to ensure the maximum penetration of ingredients to the skin.

Vetiver Scrub

(30 mins) \$70

Get rid of your sun tan & remove dead cells from your skin.

Mineral Glow Scrub

(30 mins) \$70

Rich minerals polish your skin smoothly & provide extra glow.

Organic Mud Mask

(30 mins) \$70

Detox the body & nourishes the skin.

After Sun Cooling Wrap

(30 mins) \$70

Perfect cooling treatment after sun exposure.

BATH COLLECTION

Wine Bath

(30 mins) \$50

Antioxidant, eliminate impurities & dead cells.

Chocolate Bath

(30 mins) \$50

Nourishes & moisturises the skin while boosting energy.

Coconut & Milk

(30 mins) \$50

Reduce inflammations & hydrates the skin.

MULTIGENERATIONAL WELLNESS

Kids Bespoke Massage

(30 mins) \$60

Customise the massage as kids wish.

Me & Mom or Dad

(60 mins) \$200

Get a relaxing massage with your child in the same treatment room.

Pretty Nails

(30 mins) \$40

Kids nail shaping & polishes.

All prices are in \$ & are subject to 10% service charge & 16% government taxes • Prices are subject to change without prior notice.



PACKAGES

Boost

(90 mins) \$180

Select any 3 services from the list:

Foot Reflexology

Stress Release Massage

Express Facial

Express Manicure

Express Pedicure

Mineral Glow Scrub

Calm

(120 mins) \$250

Deep Tissue Massage (90 mins)

Mineral Glow Scrub or Express Facial

Purify

(150 mins) \$300

Signature Massage, Vetiver Scrub

or Organic Mud Mask & Detox Facial

Wine it Up

(210 mins) \$400

Vinotherapy Massage, Vinotherapy Scrub, Vinotherapy

Wrap, Skin Brightening Facial, Choice of Bath,

Spa Cuisine, Champagne or Mocktail

Balance

(3 days) \$750

Revive yourself with 3 days of wellness routine.

Day 1 - Yoga, Mineral Glow Scrub & Signature Massage

Day 2 - Sound Healing Meditation, Gemstone Infrared Detox

Day 3 - Yogic Sleep, Foot Reflexology, Skin Brightening Facial,

Monochromatic Light Therapy

All prices are in \$ & are subject to 10% service charge & 16% government taxes • Prices are subject to change without prior notice.



WELLNESS OFFERINGS

PEMF Stretch Therapy

(30 mins) \$50

Pulse Electro Magnetic Field Therapy combines with passive stretching & Thai massage strokes. Ideal after workout.

Yoga & Meditation

(60 mins) \$50

Private session includes postures, breathwork & meditation.

PEMF Sound Healing Meditation

(30 mins) \$50

Sound healing meditation with Tibetan singing bowl under Pulse Electro Magnetic Field zone.

Detox Yoga

(45 mins) \$50

Cleansing process combines with detox techniques; performed only in the morning.

Yogic Sleep

(45 mins) \$50

Traditional tratak practise on Pulse Electro Magnetic Mat.

Personal Training

(60 mins) \$60

Customise your workout session with our expert.

Mindfulness Session

(45 mins) \$50

Skills & techniques to improve mindfulness with sound healing.

Tennis Session

(60 mins) \$80

Play with tennis partner or get a private tennis lesson.

All prices are in \$ & are subject to 10% service charge & 16% government taxes • Prices are subject to change without prior notice.



PREPARING YOU FOR AVANISPA

- + Your spa journey at AvaniSpa begins with a simple ritual to ensure a smooth experience. Please arrive 15 minutes prior to your booking, sit & relax & fall into the spirit of AvaniSpa as you enjoy a refreshing beverage. Fill a quick & easy consultation form.
- + So you don't lose your jewellery, we recommend you leave them in your room.
- + No need to bring cash or a credit card. All treatments can be charged to your room & are payable at check-out.
- + Let us know if something comes up & you can't make your treatment. 4 hours' notice is required for single treatment & 24 hours for packages. Otherwise we need to charge 50% of the total price.
- + For your health & comfort, please don't sunbathe after face treatments.
- + Looking for best results? Men are requested to shave before any facial treatment.
- + Let's keep the Spa a quiet space. Please ensure your mobile phones are on silent mode.
- + Our Spa's aroma is fresh & exotic, so kindly refrain from smoking.
- + Please remember to arrive on time to enjoy every blissful moment of your treatment.



Avani+ Fares Maldives
Baa Atoll, Republic of Maldives
T: +960 722 5604
E: spa.vfar@avanihotels.com
AVANIHOTELS.COM