

# GRAB N GO

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## DAILY SELECTION FROM THE OVEN OR CHILLER

BREAKFAST ON THE GO	65
FRUIT SALAD	65
SELECTION OF PASTRIES	EACH 70
HOME-MADE SCONE & JAM   CREAM	EACH 40
FRESHLY BAKED MUFFINS	EACH 55
SANDWICH OF THE DAY	60
CAKE OF THE DAY	65
PRE-PACKAGED SWEET ITEMS	40
QUICHE OF THE DAY	48
PIE OF THE DAY	55
SEASONAL SALADS	80

## FRESH BAKED BREAD SELECTION

SOUR DOUGH	35
CIABATTA	35
MULTIGRAIN	35
SORGHUM GINGER BISCUIT	105
SORGHUM CHOCOLATE BISCUIT	105

# BEVERAGES

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## COFFEE & TEA

FILTER COFFEE	35
CAPPUCCINO   SMALL	40
CAPPUCCINO   LARGE	55
DECAFF CAPPUCCINO   LARGE	55
CAFÉ LATTE	50
CAFÉ MOCHA	50
HOT CHOCOCLATE	50
ESPRESSO SINGLE	40
ESPRESSO DOUBLE	45
MACHIATO	50
AMERICANO	50
ASSORTED TEA	35

Ask your waitron about our special teas

## MILKSHAKES

VANILLA   STRAWBERRY   CHOCOLATE	40
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## SMOOTHIES

### BERRY BLISS

Frozen berries, plain yoghurt banana, sugar lemon syrup and sprigs of mint.

STD | 50  
LARGE | 60

### GREEN SMOOTHIE

Spinach, banana, green apple juice and ginger.

### BANANA FUSION

Banana, cinnamon, oats, futurelife and honey.

### MELON SMOOTHIE

Spanspek or sweetmelon, plain yoghurt and honey.

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THE PANTRY

# BEVERAGES

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## SOFT DRINKS

COKE   CREAM SODA   FANTA	30
APPLETIZER BOTTLE 330ML	39
GRAPETIZER RED BOTTLE 375ML	39
RED BULL CAN 250ML	56
SPARKLING   STILL WATER 500ML	25

## CORDIAL

CORDIAL WITH A CHOICE OF MIXER	39
MALAWI SHANDY	39
BOTSWANA SHANDY	39
ROCK SHANDY	39

## WINES

RUPERT & ROTHCHILD	950
KANONKOP KADETTE	650
MERLOT GUARDIAN PEAK	410
RUBICON MEERLUST	1700
SHIRAZ SIMONSIG	450
WARWICK FIRST LADY CAB SAV	460
ALTO ROUGE	750
FANTINEL PROSECCO	1010