

## SIGNATURE WELLNESS RETREAT

Ready for a reset? Dive into a world of relaxation, fun, and good vibes with our exclusive AvaniWell Wellness Retreat Packages

Designed to nourish your mind, body, and spirit, this package offers the perfect combination of relaxation, rejuvenation, and personalized care in a luxurious setting.



### Pick Your Perfect Escape:

#### Reset 2-Night : THB 28,680 net per couple

- 2 Nights Stay in an Avani Deluxe Room with breakfast
- Healthy lunch and dinner customized for your wellness goals
- Complimentary 30-Minute Body Composition Analysis
- Daily Wellness Sessions: Choose between 60 minutes of yoga or a Personal Trainer Session.
- A 60-minute Pilates Reformer Session
- A 30-Minute Chae Ya or Herbal Steam
- A 60-Minute Signature Massage
- A 60-Minute JetPro Facial
- A 60-Minute Physiotherapy or Traditional Thai Medicine
- A 45-Minute Sound Healing Bath

**Upgrade Your Retreat:** Pamper yourself further with an Avani Pool Villa experience starting at THB 41,280 net per couple.

#### Recharge 4-Nights : THB 66,160 net per couple

- 4 Nights Stay in an Avani Deluxe Room with breakfast.
- Healthy lunch and dinner customized for your wellness goals.
- Complimentary 30-Minute Body Composition Analysis
- Daily Wellness Sessions: Choose between 60 minutes of yoga or a Personal Trainer Session.
- 2 times of 60-minute Pilates Reformer Session
- A 30-Minute Chae Ya or Herbal Steam
- 2 times of 60-Minute Signature Massage
- A 60-Minute JetPro Facial
- A 60-Minute Elemis Facial Treatment
- A 60-Minute Physiotherapy Session
- A 60-Minute Traditional Thai Medicine
- One time Detox Raw Juice Glass
- One time Wellness Cooking Class of 3 healthy dishes
- A 45-Minute Sound Healing Bath
- A complimentary AvaniWell Waterbottle

**Upgrade Your Retreat:** Pamper yourself further with an Avani Pool Villa experience starting at THB 91,360 net per couple.

Why Wait to Book Now and let AvaniWell turn your escape into an unforgettable wellness adventure!

For more information and reservations, please call 032 898 989 or email [avaniwell.vhhv@avanihotels.com](mailto:avaniwell.vhhv@avanihotels.com)