

AVANI VITALITY BREAKFAST HEALTHY – FUEL YOUR DAY, THE LIGHT WAY

Fresh Fruit Trio with Chia Syrup

Seasonal melon, berries, and citrus with a light chia infusion

Greek Yoghurt Parfait

*Layers of low-fat Greek yoghurt, crunchy granola, and honey drizzle;
topped with roasted nuts and seeds*

Avocado & Egg White Bruschetta

*Sourdough slice topped with smashed avocado,
soft egg whites, cherry tomatoes, and microgreens*

Quinoa & Congee

*Warm brown rice and quinoa, with confit ginger,
fried egg shiso, and toasted pumpkin seeds*

Smoothie Shot – Green Detox Blend

A small, refreshing blend of spinach, green apple, cucumber and ginger