

VLCC



Immunity Support

Boost your body's natural defences

A strong immune system protects us when unforeseen health issues arise. Immunity Support is a customised programme to enhance immunity and promote self-healing by improving the body's natural defence mechanism. This programme will help you:

- Boost your energy and immune system
- Improve gut health - the seat of your immune response
- Restore and strengthen with mental and physical relaxation techniques

Immunity Support

	1D	1N	2N	3N	5N
Consultation					
Body Composition Analysis	1	1	1	1	1
Blood Pressure Test			1	1	2
Electro Cardiogram					1
Path Test			1	1	1
Medical Assessment by Physician			1	1	1
Nutrition & Dietetics					
Nutritional Consultation	1	1	1	1	1
Group Session/Lecture				1	1
Live Demo of Healthy Recipes			1	1	1
Fitness					
Group Fitness Session			1	3	5
Restorative & Relaxation Therapies					
Meditation Session			1	1	2
Yoga Session	1	1	1	2	2
Reflexology or Acupressure Therapy				1	2
Prakriti Analysis			1	1	1
Immuno Strengthening Therapy		1	1	1	2
Manual Lymphatic Drainage			1	1	1
Neuromuscular Therapy			1	1	1
Total Price (THB)	6,500	10,500	25,500	34,500	49,500

Please note:

- All prices for overnight stays above include cost of one room based on single occupancy, and specifically curated breakfast, lunch, and dinner for one adult
- One day (1D) packages include healthy meal
- All prices are in Thai Baht and are subject to a 10% Service Charge and applicable Government Tax

For reservations or more information, please contact:

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