

VLCC



Detoxification Rituals

Feel lighter, more positive, more energetic

Toxins make the body's internal environment acidic, which interferes with the flow of energy, thereby reducing the functional capacity of our vital organs. We end up feeling lethargic, anxious, depressed and a negative state of mind starts impacting our mental health. Insomnia, eating disorders and weight gain come with toxin accumulation in the body. In addition, accelerated ageing starts setting in. This detoxification programme will help you:

- Increase circulation and eliminate toxins
- Cleanse your gut and strengthen your immune system

Detoxification Rituals

	1D	1N	2N	3N	5N
Consultation					
Body Composition Analysis	1	1	1	1	1
Blood Pressure Test			1	1	2
Pulse Oximetry Test			1	1	1
Electro Cardiogram				1	1
Path Test			1	1	1
Medical Assessment by Physician			1	1	1
Nutrition & Dietetics					
Nutritional Consultation	1	1	1	1	1
Group Session/Lecture			1	1	1
Live Demo of Healthy Recipes			1	1	1
Fitness					
Group Fitness Session			1	3	5
Restorative & Relaxation Therapies					
Meditation Session			1	1	2
Yoga Session	1	1	1	2	2
Progressive Relaxation Therapy				1	1
Reflexology or Acupressure Therapy				1	2
Liver Compress Therapy				2	2
Prakriti Analysis				1	1
VLCC Instant Detox Therapy	1	1	1	1	1
Seaweed Therapy					1
Manual Lymphatic Drainage			1	2	3
Total Price (THB)	6,500	10,500	26,500	37,500	58,500

Please note:

- All prices for overnight stays above include cost of one room based on single occupancy, and specifically curated breakfast, lunch, and dinner for one adult
- One day (1D) packages include healthy meal
- All prices are in Thai Baht and are subject to a 10% Service Charge and applicable Government Tax

For reservations or more information, please contact:

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